



Connect with virtual support using Sydney Health

Now you can connect more easily to the care you need through the Sydney Health mobile app. Have a live video visit with a board-certified doctor on your mobile device or computer with a camera.

Visit with a doctor for common health concerns

Doctors are available 24/7 with no appointments or long wait times. During an online video visit, doctors can assess your condition, give medical advice, and send prescriptions to the pharmacy of your choice, if needed.¹

What people say about online visits²



96%

Said the person they saw (provider) was professional and helpful



96%

Felt provider understood their concerns



94%

Were able to book a virtual visit sooner than an in-person visit

A doctor can help with these conditions through a video visit:

- ✓ Coronavirus
- ✓ Flu
- ✓ Cold and fever
- ✓ Minor rashes
- ✓ Sore throat
- ✓ Headaches

Download the Sydney Health app or sign up at [anthem.com](https://www.anthem.com) today to connect with a doctor online when you need care.



¹ Prescription availability is defined by physician judgment.
² Based on Sydney Health utilization trends from top national clients.

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