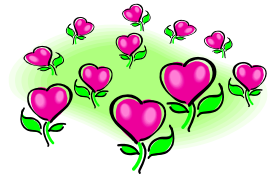


# Therapeutic Recreation

Columbus Parks & Recreation

February 2010

## Chilly Times with TR!



February 2010

As we enter our second month, we have some entertaining activities planned! Please look over the calendar carefully and turn in your completed reservation form as soon as possible.

### Transportation:

We are still picking up at Comer for transportation to Northside. Programs will be at Northside unless otherwise noted.



Please **RESERVE** the days you would like transportation. There is a blank section on the right side of your reservation form for you to write in the dates that you need transportation. Please have this filled out when you submit your form. You may meet between **8:30 a.m.** and **9:00 a.m.** **The van will leave at 9:00 a.m.** If you need to cancel your ride, please notify staff before 9:00 a.m.

For all programs, including bowling

please make **reservations at least 48 hours (2 days) in advance**, and **cancellations at least 24 hours (1 day) in advance**. Only in the event of an emergency or bad weather should you call and cancel a ride the day of.

Similar to bowling day procedures, we will cancel transportation in the event of severely bad weather. Staff will still be present at the program, but there will be no transportation during these bad weather days. This will be communicated as soon as possible to those that have reserved transportation for the day, and you will receive a credit for the ride. We apologize for the inconvenience but we want to ensure the safety of our participants while loading and unloading the van, and while on the road. Thank you for your cooperation.



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Quality People Providing Quality Service



CONSOLIDATED GOVERNMENT  
What Progress Has Preserved.



Special Olympics  
Georgia

"If you have time to whine and complain about something then you have the time to do something about it."

-Anthony J. D'Angelo

We cannot address your problems & complaints unless you bring them to the table.  
Join us at the :

**Quarterly Parents/Caregivers Meeting**  
**Monday, February 22, 2010**  
**5:30 pm @ Comer Gymnasium**



### **SPECIAL EVENT:**

Support Parks & Recreation's charity fundraiser event:

**"The Empty Bowl Brunch"**  
**Northside Recreation Center**  
**February 28, 2010 11 am—3 pm**  
**Tickets: \$10 for adults \$5 for kids**

Ticket holders get to chose a handmade bowl to keep and enjoy unlimited soup, bread, and more!

**All proceeds benefit the Second Harvest Food Bank's Kids Café program.**  
See Pam for more information!

# February 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Life Skills: Personal Hygiene	2 Sports Day: Basketball	3 Field Trip: Hollywood Connection	4 BOWLING	5	6
7	8 Valentine's Crafts	9 Bunko	10 Sports Day: Golf Skills	11 BOWLING	12	13
14	15 Learn Your Presidents	16 Sports Day: Indoor Tennis	17 Musical Trivia	18 BOWLING	19 DANCE	20
21	22 Birthday Lunch	23 Sports Day: Dance Aerobics	24 Bingo & Board Games	25 BOWLING	26	27
28						

## Program Details:

### Feb 1: 9 am—2 pm



Life Skills  
Lesson: Personal  
Hygiene. Go  
over your basic

personal hygiene practices. Lunch will be followed by a small tea party for the ladies & more sports for the guys. Bring lunch. Take home is available.

### Feb 2, 10, 16, 23: 9 am—2 pm

Join us for sports days at Northside. Enjoy basketball skills on the 2nd, Golf skills on the 10th, Indoor Tennis on the 16th, and Dance Aerobics on the 24th. Be sure to dress appropriate in athletic



clothing and shoes. Bring lunch. Take home is available.



### Feb 3: 9 am—2 pm

Take a field trip to Hollywood Connection for putt-putt golf. Please bring \$20 cash to eat lunch and cover cost of the game. Meet at Northside at 9:00 am . Take home available.

### Feb 4, 11, 18, 25: 2 pm—4 pm

Bowl with us at AMF Peach Lanes. Pick up and take home available with RESERVATION ONLY.

### Feb 8: 9 am—2 pm



Enjoy Valentine's Day crafts with us. Also create Mardi

Gras masks! Bring lunch. Take home available.

### Feb 9: 9 am—2 pm

It's Bunko time with Julie & friends. Bring lunch. Take home available.

### Feb 15: 9 am—2 pm

Come learn about your US Presidents; from past to present. Celebrate Presidents Day with us! Bring lunch. Take home available.

### Feb 17: 9 am—2 pm

Show off your knowledge of music in another musical trivia. Questions about artists, songs, history, and more. Bring lunch. Take home available.



### Feb 19: 7 pm—9 pm

Have fun at the Dance this month. Please bring drinks or a bag of chips to share. Transportation available with reservation only.

### Feb 22:

#### 11:30 am—2 pm

Join us at Northside for a Birthday Pizza Party! TR will take care of the pizza and cake. Attendees are asked to bring chips, cookies, or drinks. There will be pick up and take home with

#### **RESERVATION ONLY.**

R.S.V.P. must be made by 2/15/10.



## **PROGRAM DETAILS CONTINUED**

**Feb 24: 9 am—2 pm**



Come join us for Bingo and Board Games. Bring lunch. Take home available.

## **February Birthdays**



**Carol Berger 2**

**HAPPY BIRTHDAY, CAROL!**

## **ARE YOU SICK?**

In order to minimize the spreading of illness, participants are asked to stay home when sick.

If you have cold or flu symptoms, vomiting, diarrhea, or fever, avoid close contact with others for 7 days after your symptoms begin or until you have been symptom-free for 24 hours, whichever is longer.

If participants are dropped off at the program when they are sick or become ill during the program, a parent or caretaker will be called to pick them up immediately.



## **DON'T FORGET TO SIGN-IN!**

**Please do not just drop participants off at the entrance.** We ask that you come in and sign in your participant. This gives us more face to face contact, allows us to communicate last minute information, and also ensures that the participant enters the building safely. Please help us with this matter.

## **GET YOUR RESERVATION FORMS IN!**

Please COMPLETE and RETURN reservation forms EVERY month. This gives us an accurate number of participants, and let's us know who we need to call if any last minute changes in plans occur. Effective January 1, 2010, phone reservations will no longer be accepted. If you need help filling out the form, please feel free to ask a staff member or give us a call.

## **PAYMENT PROCEDURE**

Please make payments before programming dates. Fees for transportation are \$1.25 per ride/ \$2.50 roundtrip. Transportation may be paid in cash, check, or money order and remitted to *Columbus Parks & Recreation*. Bowling fees are \$3.00 per day/ \$1.00 per game and must be remitted to *AMF Peach Bowl Lanes*. You may pay per day or in advance. We will keep track of your absences and make the necessary credits. Please note that if you prepaid for bowling on December 17th, you will receive a credit for your next bowling day.



On field trips, participants are responsible for their own fees. Please read the newsletter details carefully to ensure that your fees are turned in on or before the specified date. When going out to eat, please make sure that your participant has enough money for their meal and a tip.

## **Please note that your updated membership applications are due NOW!**

If you have not already done so, all participants must turn in an updated membership application. Please see a TR staff or call us if you need a new application. We will be glad to give you one. It is important that we stay up to date with all information. We appreciate your help with this.



**Therapeutic Recreation**

**Mailing Address**  
(Comer Gymnasium)  
107 41st Street  
Columbus, Georgia 31904  
Phone: 706-653-4500

**Main Office & Recreation Center**  
Northside Recreation Center  
2010 American Way  
Columbus, Georgia 31909  
Phone: 706-576-5475  
Cell: 706-304-5556  
Fax: 706-576-5532  
Email: promero@columbusga.org

Check out your  
Newsletter Online!

[WWW.COLUMBUSGA.ORG/PARKS/THERAPEUTICS.HTM](http://WWW.COLUMBUSGA.ORG/PARKS/THERAPEUTICS.HTM)

## This Month We Celebrate...

Black History Month	
Ground Hog Day	2
Valentine's Day	14
President's Day	15

TR Participants & Families,

You are invited to our **Parents/Caregivers Quarterly Meeting**. This meeting will be held on **Monday, February 22nd at 5:00 pm at Comer Gymnasium**. Comer is located at 107 41st Street. We look forward to seeing you there!

Your TR Team,  
Pamela Lee (TR Supervisor), Antonio Owens (Recreation Specialist II), Nikia Charleston (Recreation Center Leader), Margaret Brown (Division Manager)

Date: \_\_\_\_\_

Participants Name: \_\_\_\_\_

Volunteers Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Day(s) Available: \_\_\_Monday \_\_\_Tuesday \_\_\_Wednesday \_\_\_Thursday

Time(s) Available: \_\_\_\_\_

### **Suggestions?**

Program Suggestions:

\_\_\_\_\_

Field Trip Suggestions:

\_\_\_\_\_

Comments:

\_\_\_\_\_

Questions:

\_\_\_\_\_